

A Season of Giving at ACP

This year, as a group, ACP began collecting toiletry items for Stephen Center, a homeless shelter that serves men, women and children.



Sue Williamson-Erickson put together two displays with a note that anyone wanting to contribute was welcome to do so. The response has been incredible.

“We’ve always known our clients are generous, but the incredible response has been very touching,” said Sue. “It’s been heart-warming to see how many people just wanted to do something to help out the homeless.”

Not only did we receive contributions of supplies, but also cash donations of over \$300. After checking with the staff at Stephen Center, the money donated was used to purchase items especially needed at this time. A carload of goods was gratefully accepted by Stephen Center staff.



Giving to others is a way to add meaning to our lives. It keeps us in touch with the gifts we have and our ability to make a positive impact on others. By shifting the focus away from things we can't change and onto things that we can do something about, we experience a sense of personal power and the satisfaction of having done 'something'. And 'something' is better than 'nothing'.

Thank you so much for your amazing generosity!

Happy Holiday!

The Staff at Associated Counseling Professionals