

# Employee Assistance Programs

According to recent surveys and studies, current trends seem to be shifting away from hiring full-time health consultants to provide mental health services. Instead, companies are finding it more cost-effective and productive to use mental health professionals from their local community.

The staff of Associated Counseling Professionals has experience in providing these kinds of Employee Assistance Program services in the Omaha metropolitan area. Our unique contract negotiation services are administered by Susan Williamson-Erickson, M.S., who has had more than 10 years of service in designing and administering insurance and Employee Assistance Program contracts. Sue's extensive background in this area allows companies utilizing our services to maintain a cost-effective, reliable Employee Assistance Program while maintaining confidentiality for employees.

We want to provide contracting companies with more than just services for your employees - we want to meet the needs of your whole company. As a contracting company, we can assure you that you will be informed about your organization's utilization of services, and be provided high quality, effective therapy that takes into account your employee's individual needs. On-site training and seminars are also part of our commitment to your employee's needs.

We leave it to your option to select which materials will be utilized as part of our services for your Employee Assistance Program. Available for use as EAP materials are brochures, wallet-sized promotional cards, *Good Feelings* (the Associated Counseling Professionals Employee Assistance Program newsletter) and other items. Our therapists have experience providing EAP services to the following companies: ASSIST/Iowa Power, Cascade EAP, Human Affairs International, Midwest Express Airlines, Occupational Health Services, and Youth for Understanding.