

SEMINAR TOPICS Does your organization or group need an occasional speaker? We can help, by providing an energizing and inspirational talk to your group. Cost vary, according to size of group, special needs, or length of program. Contact us with your specific needs

COUPLES

Communication Skills
Conflict Resolution for Couples
Which Modern Marriages Will Last?
The Joys of Relationships
Keeping Romance Alive
Healthy & Unhealthy Relationships
Marriage Enrichment

MIND & BODY

Changing Women's Sexuality
Stress Management
Health Psychology
Depression
Suicide Prevention
Stress: Sources, Symptoms, & Solutions

CAREER

Conflict Resolution
Retirement Planning
Career Development
Conducting Effective Meetings
Managing Diversity in the Workplace
Dual Career Families & Working Parents
Dealing with Difficult People in the Workplace
Communication with Difficult Employees

FAMILY & CHILDREN

Self-Esteem for Kids
Communicating With Your Child
Raising Positive Children
Parenting

PERSONAL GROWTH

Assertiveness Training
The Myth of Co-Dependency
Building Self-Esteem
Handling Anger
Handling the Anger of Others

Maturity and How to Move Toward It
History of & Uses for Hypnosis
Differences That Make A Difference
Change: Does It Make a Better or a Bitter You?
Overcoming the Fear of Flying