

Signs of Emotional Abuse

Abuse: to be treated unfairly and unjustly; generally consistently over a period of time, usually by the same person or peo

1. When another person refuses to consider your opinion and then attempts to force their opinion on you without consideration for your point of vie
2. A person who always has to be right when there is a disagreeeme
3. Someone who says, "You're crazy!" or "How could you think such a thing?", they devalue your feelin
4. A person who uses unrealistic guilt to control your behavio
5. A person who "commands" instead of asks you to do things "I'm the boss" mentali
6. A person who uses sarcasm to bring up past hurts or to harm yo
7. A person who verbalizes forgiveness but brings up past issues to prove a poi
8. Inappropriate threats or physical force or using anger, fear, or intimidation to get one's wa
9. A person whose life represents contradictions. "I love you, but..
10. A parent who displays favoritism by comparing with siblings, "Why can't you be more like your sister? She would never act like that..
11. A person who incorporates harsh judgments in their communications. "A good Christian would never do that..." "You are a 'bad girl'. (a form of shame
12. Misuse of scriptures to get one's way -- i.e., the "submission issu
13. Screaming, yelling and name calling in any con

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