

**ASSOCIATED COUNSELING PROFESSIONALS**

2255 South 132<sup>nd</sup> Street, Suite 200  
Omaha, NE 68144  
Telephone: (402) 334-1122 Fax: (402) 334-8171

**CHILD AND ADOLESCENT INTAKE FORM**

To be filled out by parent or guardian requesting services for a minor child. This information will help your therapist understand your child. It, as all communications with your therapist, will be kept confidential to the full extent of Nebraska law.

**BACKGROUND INFORMATION**

Child's Name: \_\_\_\_\_ Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Age \_\_\_\_\_

Child Lives With (check one): Both Biological Parents \_\_\_\_\_ Mother \_\_\_\_\_ Father \_\_\_\_\_ Other \_\_\_\_\_

If parents are divorced, describe custody arrangements: \_\_\_\_\_  
\_\_\_\_\_

Child's Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Emergency Contact (other than parent): \_\_\_\_\_ Telephone Number \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Custodial Parent's Contact Information:

Telephone \_\_\_\_\_

Circle the best way to contact you for appointment reminders:      *(Home)*                      *(Cell)*                      *(Work)*                      *(E-Mail)*  
Home      Work      E-mail      Cell      Don't contact

May we leave a message? Yes      No

**INFORMATION ABOUT CHILD'S MOTHER**

Mother's Name: \_\_\_\_\_ Age: \_\_\_\_\_ Race: \_\_\_\_\_

(Address, if different from child) \_\_\_\_\_

Employer: \_\_\_\_\_ Occupation: \_\_\_\_\_ Hours/week: \_\_\_\_\_

Can you be contacted at work by telephone? Yes \_\_\_\_\_ No \_\_\_\_\_

Circle the best way to contact you: Telephone - \_\_\_\_\_

(Home)                      (Cell)                      (Work)                      (E-Mail Address)

Describe any physical problems you have that require medication or physical care: \_\_\_\_\_  
\_\_\_\_\_

Are you currently receiving medical treatment? Yes \_\_\_\_\_ No \_\_\_\_\_ Physician \_\_\_\_\_

Medication(s) currently using \_\_\_\_\_  
\_\_\_\_\_

Previous Counseling/Therapy? Yes \_\_\_\_\_ No \_\_\_\_\_ If yes, with whom? \_\_\_\_\_

How long? \_\_\_\_\_

**INFORMATION ABOUT CHILD'S FATHER**

Father's Name: \_\_\_\_\_ Age: \_\_\_\_\_ Race: \_\_\_\_\_  
(Address, if different from child) \_\_\_\_\_

Employer: \_\_\_\_\_ Occupation: \_\_\_\_\_ Hours/week: \_\_\_\_\_

Can you be contacted at work by telephone? Yes \_\_\_\_\_ No \_\_\_\_\_

Circle the best way to contact you: Telephone - \_\_\_\_\_  
(Home) (Cell) (Work) (E-Mail Address)

Describe any physical problems you have that require medication or physical care: \_\_\_\_\_

Are you currently receiving medical treatment? Yes \_\_\_\_\_ No \_\_\_\_\_ Physician \_\_\_\_\_

Medication(s) currently using \_\_\_\_\_

Previous Counseling/Therapy? Yes \_\_\_\_\_ No \_\_\_\_\_ If yes, with whom? \_\_\_\_\_

How long? \_\_\_\_\_

**PLEASE PROVIDE A COPY OF YOUR DIVORCE DECREE TO YOUR THERAPIST, IF APPLICABLE**

**FAMILY MEMBERS**

List all people now living in the household:

Name	Relationship to Child	Age	School Grade Completed	Occupation

DESCRIBE THE ISSUE the child is having. If possible, list question for which answers are sought:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Check What Applies:

- |   |   |
|---|---|
| <input type="checkbox"/> Anger                              | <input type="checkbox"/> Religious/Spiritual Concerns |
| <input type="checkbox"/> Depression                         | <input type="checkbox"/> Sexual concerns              |
| <input type="checkbox"/> School Problems                    | <input type="checkbox"/> Thoughts of suicide          |
| <input type="checkbox"/> Family problems                    | <input type="checkbox"/> Trouble making decisions     |
| <input type="checkbox"/> Fearfulness                        | <input type="checkbox"/> Unhappy most of the time     |
| <input type="checkbox"/> Marital problems                   | <input type="checkbox"/> Use of alcohol               |
| <input type="checkbox"/> Physical problems                  | <input type="checkbox"/> Use of drugs                 |
| <input type="checkbox"/> Problems with social relationships | <input type="checkbox"/> Work                         |
| <input type="checkbox"/> Problems with children             | <input type="checkbox"/> Worry                        |
| Other _____   | <input type="checkbox"/> Legal Issues                 |
|   | <input type="checkbox"/> Withdrawn or Isolated        |

## CHILD'S MEDICAL HISTORY

List child's sicknesses, operations and injuries. Indicate age when occurred and describe how severe. Please pay special attention to head injuries and any time when your child was unconscious, had convulsions, a high fever or was delirious; difficult pregnancy or delivery:

\_\_\_\_\_

List any medications your child is on - \_\_\_\_\_

Have there been any previous psychological, psychiatric, neurological or EEG evaluations? Yes \_\_\_\_\_ No \_\_\_\_\_

If so, please list names and dates of contact: \_\_\_\_\_

Describe previous speech or hearing therapy, if any: \_\_\_\_\_

What is the date of your child's last physical examination? \_\_\_\_/\_\_\_\_/\_\_\_\_ Physician's Name \_\_\_\_\_

## ACADEMIC/SCHOOL INFORMATION

School Name: \_\_\_\_\_ Grade: \_\_\_\_\_ Teacher: \_\_\_\_\_

How many previous schools attended, with dates: \_\_\_\_\_

\_\_\_\_\_

Has child ever repeated a grade? Yes \_\_\_\_\_ No \_\_\_\_\_ If so, when? \_\_\_\_\_

How does your child get along with peers and authorities at school? \_\_\_\_\_

Describe difficulties in learning at school: \_\_\_\_\_

\_\_\_\_\_

*Please provide copies of all special testing(s) he/she has needed for educational or psychological purposes.*

Have other family members had learning difficulties? Yes \_\_\_\_\_ No \_\_\_\_\_ What? \_\_\_\_\_

Optional: Describe what your child likes to do for fun, special interests, hobbies, etc.:

\_\_\_\_\_

\_\_\_\_\_

Optional: Describe your child's religious background (denomination, church membership, attendance, spiritual training, bible reading, prayer, etc.):

\_\_\_\_\_

\_\_\_\_\_

I learned about Associated Counseling Professionals from: (Yellow Pages, Internet, friend, doctor, etc. If you could provide the name, address and telephone number, if known):

\_\_\_\_\_

\_\_\_\_\_

May we send a thank you note to this person? Yes \_\_\_\_\_ No \_\_\_\_\_

Your Signature: \_\_\_\_\_

Date \_\_\_\_/\_\_\_\_/\_\_\_\_

**INSURANCE INFORMATION:**

Insured's Name: \_\_\_\_\_ Social Security Number: \_\_\_\_\_

Address of Insured: \_\_\_\_\_

Telephone Number(s): \_\_\_\_\_  
City State Zip Code  
Home Cell Work Insured's Date of Birth

Employer: \_\_\_\_\_

**INSURANCE POLICY INFORMATION - Please give your insurance card to the support staff to photocopy. Office Insurance Policy: We will file your insurance, when possible, if we cannot file your insurance, we will give you the forms you need to file it. If we are unable to determine your benefits prior to your first visit, we require payment for the first visit in full.**

Primary Insurance Company Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Telephone Number to Verify Benefits: \_\_\_\_\_ Plan Name: \_\_\_\_\_

Identification Number/Social Security Number: \_\_\_\_\_ Policy/Group Number: \_\_\_\_\_

Champus Status (military): \_\_\_\_\_ Active \_\_\_\_\_ Retired \_\_\_\_\_ Deceased

**I hereby assign all benefits otherwise payable to me to Associated Counseling Professionals, as payment towards the charges incurred for services rendered. I further instruct the insurance company named above to issue a check directly to Associated Counseling Professionals. I also authorize Associated Counseling Professionals to release any information pertinent to services rendered to any authorized representative of my insurance company, adjuster or review agency.**

SIGNED BY:

DATE:

X \_\_\_\_\_

X \_\_\_\_\_

**BILLING INFORMATION:**

*If another individual or agency is responsible for payment, please complete the information below –*

Responsible Party Name: \_\_\_\_\_ Relationship to Client: \_\_\_\_\_

Social Security Number: \_\_\_\_\_

Address: \_\_\_\_\_

City State Zip Code

Home Phone Number: \_\_\_\_\_ Work Phone Number: \_\_\_\_\_ Cell Phone Number: \_\_\_\_\_

Employer: \_\_\_\_\_ Percentage of Bill Responsible For: \_\_\_\_\_

Please sign here if you read and understood ACP's "After-Hours Emergency Service" found in the Welcome Brochure –

\_\_\_\_\_  
Signature of Client

\_\_\_\_\_  
Date

**Referred By/How Did you Hear About Us? (Check One)**

- \_\_\_\_\_ *I am a former client returning*
- \_\_\_\_\_ *Insurance Company/Managed Care*
- \_\_\_\_\_ *Dex Yellow Pages*
- \_\_\_\_\_ *Yellow Book*
- \_\_\_\_\_ *Other* \_\_\_\_\_

- \_\_\_\_\_ *Relative*
- \_\_\_\_\_ *Minister/Priest/Rabbi*
- \_\_\_\_\_ *US West (under hypnosis)*
- \_\_\_\_\_ *Physician: Dr.* \_\_\_\_\_

- \_\_\_\_\_ *Friend*
- \_\_\_\_\_ *School*
- \_\_\_\_\_ *Internet*
- \_\_\_\_\_ *EAP*

\*\*\*\*\*

**FOR OFFICE USE ONLY:**

Benefits –

EAP: \_\_\_\_\_

MANAGED CARE: \_\_\_\_\_

# of Sessions: \_\_\_\_\_

Deductible: \$ \_\_\_\_\_

Self Pay: \$ \_\_\_\_\_

Co-pay: \$ \_\_\_\_\_

Number of Sessions: \_\_\_\_\_/Year

Authorization Needed: \_\_\_\_\_ Yes \_\_\_\_\_ No

\*\*\*\*\*

THERAPIST: \_\_\_\_\_ DSM CODE: \_\_\_\_\_ ACCOUNT #: \_\_\_\_\_

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## Consent to Treatment

For us to consider providing services to you, you must **read and sign** this consent form. This *is not* a contract. It just allows us to see you. You may withdraw this consent to treatment at any time and ask that your file be closed. You should also know that this is not an agreement by Associated Counseling Professionals to provide services to you. You may wish to talk with your therapist about your consent to treatment during the intake session. He or she will answer your questions.

**Understanding Psychotherapy.** Psychotherapy services are designed to help you change. Sometimes this kind of change is difficult because it raises feelings, thoughts and worries that you try to keep inside. The benefits may include improved behavior, relationships and mood. You may learn to communicate better with those around you. You should know that this is not a precise science. In many cases we are successful in helping people to change. In some cases we are not. Associated Counseling Professionals cannot guarantee the success of any treatment.

Associated Counseling Professionals is owned by persons who utilize psychotherapy with clients. None of our professionals is a medical doctor and, thus, not able to prescribe medications.

**Confidentiality.** You should know that all services provided are *strictly confidential*. We cannot release any information about your case to anyone outside of Associated Counseling Professionals without your written consent. In order to help you, we do share information between staff at Associated Counseling Professionals. For example, your therapist may talk to a colleague in our organization in order to understand your case better.

**Notice of Privacy Practices.** By signing this Consent, you are giving us permission to use or disclose your protected health information to provide treatment to you, to obtain payment for the services we provide, and for other professional activities known as "health care operations" (for example: quality improvement activities).

These uses and disclosures are described more fully in our Notice of Privacy Practices. You have the right to review that Notice before signing this Consent. We reserve the right to revise our Notice of Privacy Practices at any time. If we do so, the revised Notice will be posted in the waiting room and on our website. You may ask for a printed copy of our Notice at any time, or download it from our website.

You may ask us to restrict the use and disclosure of certain information in your record that otherwise would be allowed for treatment, payment or health care operations. However, we do not have to agree to these restrictions. If we do agree to a restriction, that agreement is binding. You may revoke the Consent at any time by giving written notification. Such revocation will not affect any action taken in reliance on the Consent prior to the revocation. This Consent is voluntary; you may refuse to sign it. However, we are permitted to refuse to provide health care services if this Consent is not granted, or, if the Consent is later revoked.

**Breaking Confidentiality.** You should also know *that there are three exceptions to confidentiality*. By law all therapists must break confidentiality: (1) If a client is deemed to be at risk of hurting himself/herself or someone else in order to protect the client or the other person; (2) if we suspect that a child is being abused; and (3) if a court of law subpoenas (demands to see) the records. If this happens, we will attempt to invoke *privileged communication* (a legal protection of your right to therapeutic confidentiality) if you or your attorney asks us to do so. However, under some circumstances, the court can override privileged communication and order us to disclose these records.

**Email or Fax Contact.** At your discretion you may contact your therapist via email for the same purpose you would initiate telephone contact. However, for therapy you are advised against using unsolicited fax transmissions as they are not monitored as closely. Associated Counseling Professionals does not consider email contact to be therapy and does not bill it as such. It is instead considered administrative and supportive contact. By initiating email contact you are accepting this understanding and agreeing to act accordingly.

For evaluations, both emails and fax contact are acceptable but **are** considered part of the evaluation. By initiating this contact you are accepting this understanding and agreeing that the email may be used in your evaluation.

You are advised that email communication is protected by federal law, but should not be considered secure. It is possible that someone on the Internet might read your communication or our communication back to you. By initiating this sort of contact you are waiving this level of confidentiality unless you specify in your email a limitation of the expected response (i.e., "please don't reply"). Fax communication for evaluations is secure within our office and within the limits of electronic security in general (i.e., someone could be wiretapping telephone lines but this would also be a federal offense). If you are especially concerned about this issue, please discuss it with your therapist at your initial visit.

**In Case of an Emergency. If you feel you are experiencing an emergency, please go to the nearest hospital or call 911 for help.**

\_\_\_\_\_ (Client initial showing you understand the above statement regarding an emergency situation)

\_\_\_\_\_ (Therapist Initial)

\_\_\_\_\_

Client or Legal Representative (Printed Name)

\_\_\_\_\_

Date of Birth

\_\_\_\_\_

Today's Date

\_\_\_\_\_

Client or Legal Representative (Signature)

\_\_\_\_\_

Witness

\_\_\_\_\_

Today's Date